

## Unit 1E Pushes and Pulls (Riixida iyo Jiidida)

English	Somali Phonetics	Somali
Twist	Mar-marid	Mar marid ama duubid
Spin	Duubid	Duubid
Swing	Lee haysi	leexaysi
Slide	isa Soo dayn	isa soo deyn
Jump	Boodo	Boodo
Turn	lee ho	Leexo
Fast	dhak so	dhakhso
Slow	Qun yar	Qun yar
Push	Riihid	riixid
pull	jiidid	Jiidid
safe	Aman ah	Amaan ah
danger	Khatar	khatar
toy	aruusad	Caruusad
Move	Dhaqaaq	dhaqaaq
Stop	Joogso	joogso
Strat	Bilow	Bilow